Kodiak Girls Dominate Region Swim Meet

Monday, 03 November 2008

Jay Barrett/KMXT

The Kodiak girls swim team won every race, and 11 of 12 events, at the Region Three Championships over the weekend in Valdez on their way to securing their second straight team title. The Kodiak boys, which had won four of the last five titles, just missed winning another, losing to Wasilla by one point.

The Kodiak girls won all three relays and also had three swimmers win two individual events each. Karen Philpot won the 200-yard freestyle and 100 backstroke, Celeste Beck-Goodell won the 200 individual medley and 500 freestyle, and Laura Griffing won the 100 freestyle and 100 breaststroke.

Elyse Johnston won the 50 freestyle and Kyla Young won the 100 butterfly. Wasilla's Rachel Kennedy was the lone swimmer from another school to win a girls event, taking the diving competition.

Nando Macinko was the Kodiak boys' only individual winner, taking the 100 backstroke. The Bears also won the 200 freestyle relay.

The state championships will be this weekend at Bartlett High School in Anchorage.

Click "Read more" below, for full results.

Meanwhile in volleyball, the Bears dropped a pair to powerhouse Colony over the weekend. KHS athletic director Steve Rounsaville says they will go into this weekend's regionals in Kenai seeded second in the Northern Division. The top three of

eight teams will go on to the state championships.

And in wrestling, Nick Van Matre, Charles Martin and David Castonguay each placed third in their weight classes at the North Pole tournament, while Tuck Van Matre, Gary Anthony, and Pearson Brodie took first in their respective classes at the Skyview junior varsity tournament. Coming up this weekend at home is the Robin Hervey Tournament, with visiting teams West Valley, Homer, Bethel, and Palmer. Dual matches will be on Friday afternoon and evening, with the individual tournament Saturday.

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Region III Swimming and Diving Championships

GIRLS

200-yard medley relay -- 1. Kodiak (Philpot, Scholze, Young, Griffing), 1:52.99; 2. Homer, 1:58.71; 3. Soldotna, 1:59.83; 4. Colony, 2:00.29; 5. Wasilla, 2:03.79; 6. Valdez, 2:09.09.

200 freestyle -- 1. Karen Philpot, Kod, 2:02.90; 2. Olivia Pfeifer, Ken, 2:04.37; 3. Katelyn

Payne, Col, 2:06.92;
4. Jaclyn Arndt, Hom, 2:07.12; 5. Meghan O'Leary, Sew, 2:08.68; 6. Iris Fletcher, Hom, 2:09.17.

200 individual medley -- 1. Celeste Beck-Goodell, Kod, 2:18.26; 2. Olivia Bowen, Sol, 2:20.30; 3. Marie Schmidt, Hom, 2:23.64; 4. Evelyn Cannon, Was, 2:32.61; 5. Brittany Shattuck, Was, 2:33.38; 6. Emily Schmidt, Hom, 2:35.32.

50 freestyle -- 1. Elyse Johnston, Kod, 25.72; 2. Hannah Norris, Val, 25.85; 3. Caity Stigen, Was, 26.05; 4. Kyla Young, Kod, 26.12; 5. Karina Barria, Col, 26.36; 6. Katherine Spence, Hom, 27.10.

Diving -- 1. Rachel Kennedy, Was, 415; 2. Mariah Schachle, Was, 338.05; 3. Suzannah Whitford, Col, 291.75; 4. Zandra Christiansen, Was, 291.45; 5. Darlene Wilson, Col, 280.30; 6. Lindsey Seneff, Hom, 258.50.

100 butterfly -- 1. Kyla Young, Kod, 1:02.61; 2. Olivia Bowen, Sol, 1:02.71; 3. Caity Stigen, Was, 1:03.28; 4. Jaclyn Arndt, Hom, 1:03.73; 5. Karina Barria, Col, 1:04.50; 6. Dana Olesch, Hom, 1:05.30.

100 freestyle -- 1. Laura Griffing, Kod, 55.81; 2. Hannah Norris, Val, 55.92; 3. Elyse Johnston, Kod, 56.84; 4. Kendra Ashwell, Ken, 58.88; 5. Grace Harrison, Hom, 59.12; 6. Saanti Steyer, Hom, 59.50.

500 freestyle -- 1. Celeste Beck-Goodell, Kod, 5:28.05; 2. Olivia Pfeifer, Ken, 5:32.74; 3. Marie Schmidt, Hom, 5:37.36; 4. Donna McNulty, Hom, 5:37.97; 5. Iris Fletcher, Hom, 5:37.97; 6. Sonja Jones, Kod, 6:01.32.

200 freestyle relay -- 1. Kodiak (Elyse Johnston, Myra Scholze, Celeste Beck-Goodell, Kyla Young), 1:44.07; 2. Homer, 1:46.71; 3. Soldotna, 1:47.06; 4. Colony, 1:47.17; 5. Kenai, 1:50.38; 6. Wasilla, 1:51.58.

100 backstroke -- 1. Karen Philpot, Kod, 1:01.85; 2. Katelyn Payne, Col, 1:03.62; 3. Meghan O'Leary, Sew, 1:05.00; 4. Kalsin Clark, Kod, 1:06.49; 5. Eileen Audette, Sew, 1:08.30; 6. Katherine Spence, Hom, 1:09.85.

100 breaststroke -- 1. Laura Griffing, Kod, 1:07.60; 2. Michaela Shirnberg, Sol, 1:13.84; 3. Randi Freestone, Sol, 1:14.37; 4. Donna McNulty, Hom, 1:16.06; 5. Ilsa Schwarzburg, Was, 1:19.01.

400 freestyle relay -- 1. Kodiak (Elyse Johnston, Celeste Beck-Goodell, Karen Philpot, Laura Griffing), 3:47.02; 2. Homer, 3:53.50; 3. Kenai, 4:08.54; 4. Valdez, 4:15.20; 5. Palmer, 4:16.23; 6. Wasilla, 4:17.16.

BOYS

200 medley relay -- 1. Wasilla (Christian Long, Max Merriam, Charles Frey, Jeff Frey), 1:41.17; 2. Kodiak, 1:45.36; 3. Homer, 1:48.87; 4. Soldotna, 1:49.31; 5. Seward, 1:53.22.

200 freestyle -- 1. Christian Long, Was, 1:50.16; 2. Kyle Irving, Cor, 1:54.35; 3. John Roedl, Hom, 1:57.03; 4. Anders Nyquist, Ken, 1:57.47; 5. Chad Paulson, Kod, 1:58.10; 6. Devon Christensen, Kod, 1:58.89.

200 IM -- 1. Winter Heaven, Sol, 2:06.56; 2. Hayden Linscheid, Kod, 2:11.94; 3. Richard Ginter, Hom, 2:14.36; 4. Quinn Langfitt, Kod, 2:16.21; 5. Michael McNulty, Hom, 2:16.34; 6. Freddie John, Ken, 2:23.60.

50 freestyle -- 1. Jeff Frey, Was, 22.12; 2. Eric Friccero, Kod, 22.64; 3. Pavle Pavlovic, Was, 22.76; 4. Ryan O'Leary, Sew, 22.81; 5. Nando Macinko, Kod, 22.89; 6. Rhowe Stefanski, Col, 23.35.

Diving -- 1. David Kennedy, Was, 474.35; 2. Scott Wandersee, Kod, 463.05; 3. Alexander Deedy, Col, 376.55; 4. Richard Liebing, Pal, 338.60; 5. Cody Tate, Sol, 303.40; 6. Tim Sheffler, Kod, 277.75.

100 butterfly -- 1. Winter Heaven, Sol, 53.50; 2. Clayton Schauff, Kod, 55.04; 3. Ryan O'Leary, Sew, 55.85; 4. Anders Nyquist, Ken, 58.04; 5. Richard Ginter, Hom, 59.53; 6. Jack Anderson, Hom, 1:02.20.

100 freestyle -- 1. Jeff Frey, Was, 47.89; 2. Eric Friccero, Kod, 49.61; 3. Rhowe Stefanski, Col, 50.23; 4. Nicholas Brunger, Col, 50.92; 5. Pavle Pavlovic, Was, 51.85; 6. Corbyn Jahn, Col, 52.35.

500 freestyle -- 1. Christian Long, Was, 4:54.59; 2. Hayden Linscheid, Kod, 5:11.23; 3. John Roedl, Hom, 5:13.52; 4. Devon Christensen, Kod, 5:23.18; 5. Brandon Schauff, Kod, 5:36.44; 6. Chad Paulson, Kod, 5:37.24.

200 freestyle relay -- 1. Kodiak (Nando Macikno, Chad Paulson, Clayton Schauff, Eric Friccero), 1:31.15; 2. Colony, 1:32.65; 3. Wasilla, 1:33.12; 4. Soldotna, 1:37.46; 5. Homer, 1:37.57; 6. Seward, 1:39.24.

100 backstroke -- 1. Nando Macinko, Kod, 56.48; 2. Charles Frey, Was, 56.89; 3. Dylan Wannamaker, Ken, 57.81; 4. Kyle Irving, Cor, 59.02; 5. Quinn Langfitt, Kod, 59.78; 6. Cole Beck, Val, 1:01.27.

100 breaststroke -- 1. Max Merriam, Was, 1:03.60; 2. Michael McNulty, Hom, 1:05.46; 3. Will Anderson, Hom, 1:06.05; 4. Nick Broughton, Sew, 1:09.59; 5. Christian Carrico, Sol, 1:11.63; 6. Freddie John, Ken, 1:12.29.

400 freestyle relay -- 1. Wasilla (Jeff Frey, Charles Frey, Max Merriam, Christian Long), 3:17.79; 2. Kodiak, 3:20.73; 3. Colony, 3:25.94; 4. Homer, 3:35.38; 5. Kenai, 3:43.45; 6. Soldotna, 3:45.89.